

Transplant Assessment Visit – Sample Itinerary

This is a **rough guide** of how the transplant assessment visit is organised.

The times and days for your visit may vary.

Monday

From 11am:

- You will be admitted onto ward 29.
- You'll have bloods taken by the Transplant Team Assistant.
- You'll meet the Transplant Co-ordinator.
- You'll have some medical tests, including arterial blood gas, a chest x-ray, and an ECG.

Tuesday

Morning (usually from 9:30am):

- You and your carer will meet with the Transplant Co-ordinator for a education and question and answer session. This usually happens by your bed on the ward, so please stay by your bed from 09.30 until the session finishes.
- Even though you won't know at this point whether you're going to be accepted onto the transplant waiting list, we'll still go through all the education with you and your carer. This education is essential in helping you understand the transplant process.

Afternoon (usually from 2pm):

- You'll do some more medical tests, including a 6 Minute Walk Test with the Physiotherapist, and an abdominal ultrasound.
- You and your carer will meet with the social worker.
- You'll have some more tests, including lung function and cardiac echo.

Late afternoon (usually from 4pm):

- You are usually free from approximately 4pm on Tuesday **for discharge home**.
- Patients waiting for an air ambulance will have the discharge time confirmed on the day of travel.

Thursday

At 11:30am, the Transplant Team will meet to discuss your case. They'll look at your medical records and talk about the results of the tests you've had during the assessment week. They'll make a decision about whether a transplant is the right outcome for you at this time.

From about 12:30pm, the Consultant and Transplant Co-ordinators will visit you during ward rounds to discuss the decision and talk about next steps.